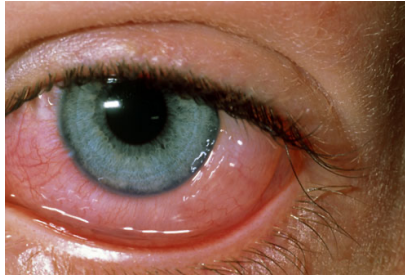
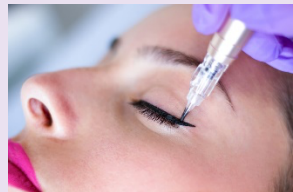


## Certificate in Lash Lift and Tint: Contraindications

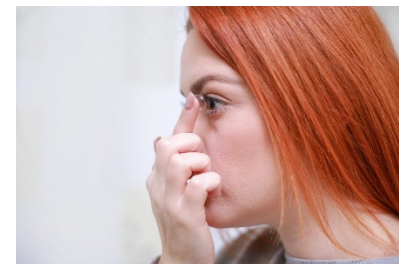
The table below outlines common contraindications relating to eyelash enhancement services, and a brief description as to why they are deemed as such. Some contraindications may not prevent treatment entirely, however, they will require additional safety measures to ensure the preservation of the health and safety of your client and/or yourself. These are labelled with an asterisk (\*) and the additional requirement discussed in the description.

| Contraindication                                                                                       | Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Example                                                                               |
|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Previous reaction or allergies                                                                         | <p>Cyanoacrylate is the key ingredient in all lash adhesives and can bring on an allergic reaction in a small minority of people. For clients who are allergic to lash perming solutions, tints, silicone or any other essential product, you will need to refuse service.</p> <p>If your client has indicated that they have allergies, you may be able to source alternative products. It is always best to err on the side of caution, as an extreme allergic reaction is just not worth the risk!</p>                                                                                                                                                                                                               |    |
| Evidence of eye inflammation or infection, including bacterial, fungal, parasitic, or viral infections | Some salons/lash artists will attempt to list every medical condition that can affect the eye as a contraindication. It is not your job to diagnose eye conditions. If an eye looks unhealthy (red, swollen, crust/discharge or a styne present) advise your client you cannot treat them until all symptoms have cleared.                                                                                                                                                                                                                                                                                                                                                                                              |   |
| Cuts or open wounds in the region of the eyes, or recent eye surgery.                                  | While generally tolerable to the skin's surface, chemicals used in lash lifts and tints are more likely to cause irritation to an open wound. Despite your best efforts to maintain a clean treatment field, it is unlikely you will be able to maintain an aseptic working environment (one that is completely free from bacteria and harmful microorganisms). As such, there is an increased risk of infection to the wound, which would be cause to refuse to provide a service until the area is healed. Similarly, suppose a client has had recent eye surgery. In that case, it is not advisable to continue with lash enhancements services, especially if there is a possibility the area could be compromised. |  |

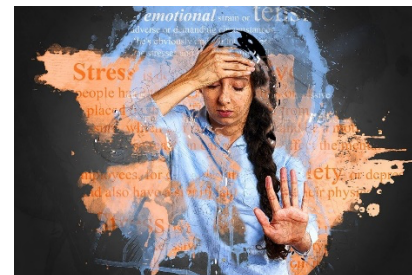
## Certificate in Lash Lift and Tint: Contraindications

| Contraindication                                                         | Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Example                                                                              |
|--------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Cosmetic tattoo (permanent makeup) to the eye region in the past 2 weeks | Cosmetic tattooing is achieved through a procedure called micro-blading, which involves making tiny incisions in the epidermis and implanting medical grade pigment. For this reason, and much like the previous contraindication, there is an increased risk of irritation and/or infection to the area.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |   |
| Hypersensitive skin*                                                     | As the name suggests, hypersensitive skin is hyper-reactive to a range of factors of varying harshness that are otherwise tolerated by normal skin. The condition is characterised by irritation and visible reactions when exposed to usually innocuous internal or external stressors (such as extreme temperature, certain chemicals or UV rays).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |   |
| Alopecia *                                                               | <p>Alopecia areata is an autoimmune disorder that attacks hair follicles and causes hair loss. The amount of hair loss is different in everyone and can affect different parts of the body, including the eyebrows and eyelashes.</p> <p>These days, there are many options for clients with alopecia when it comes to their brows, such as microblading and tattooing, however lash lifts and tints are simply not possible. If your client has sparse lashes across the lid, you may be able to do a lift or tint, but it might be better for them to have a lash extension service or apply false lashes. If your client has alopecia that does not affect their lashes, then you can continue your service as normal.</p> <p>If you would like to learn more about the experiences of people with alopecia and the impacts, visit: <a href="https://healthtalk.org/alopecia/eyebrow-make-up-tattooing-and-eyelash-extensions-with-alopecia">https://healthtalk.org/alopecia/eyebrow-make-up-tattooing-and-eyelash-extensions-with-alopecia</a></p> |  |

## Certificate in Lash Lift and Tint: Contraindications

| Contraindication | Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Example                                                                              |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Contact lenses * | Eyelash lifts and tints are typically safe to wear with contact lenses, however, your client should remove them during the service to reduce sensitivity issues. For clients who do wear contact lenses, you will also need to stress the importance of taking extra care and not touching the lashes unnecessarily. If extra care is not taken when removing and putting in contact lenses, there is a chance that excessive moisture from the eye could dampen the lash and reduce the effectiveness of the lift.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |   |
| Pregnant*        | <p>Many women like to continue with lash enhancement services during pregnancy, and it is completely safe, given you mitigate the associated risks. We would recommend patch tests for all new clients, but when you have a client who is pregnant, this is a must. We will look at patch tests in more detail later, but they are essentially a quick appointment where you conduct a test to rule out any allergic reactions. The main concern is that if a pregnant client did react, treatment of the reaction would be a little trickier due to restrictions on what sorts of medications can be taken while pregnant.</p> <p>In addition to ruling out allergic reactions, you also need to consider the position of the client and the treatment time. For clients who are heavily pregnant, lying on their back is not advisable. Furthermore, you may also need to factor in more breaks throughout the appointment for toilet breaks and for stretching – staying still for long periods of time might be a little bit harder! Effective client consultation will be critical to determine whether or not you can provide the service and the sorts of adjustments you will need to make.</p> |  |

## Certificate in Lash Lift and Tint: Contraindications

| Contraindication          | Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Example                                                                                                                |
|---------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| Claustrophobia*           | <p>Claustrophobia is a fear of enclosed spaces, and clients who suffer from this phobia may panic when inside a lift, aeroplane, crowded room or other confined area such as your treatment area. Every client will be different, and so will their needs. Possible adjustments you can make for clients who are anxious or have claustrophobia include but are not limited to:</p> <ul style="list-style-type: none"> <li>• Leaving a door open</li> <li>• Moving the location of your treatment field</li> <li>• Talking them through the process</li> <li>• Taking breaks</li> <li>• Playing soothing music</li> <li>• Giving them a cold drink</li> <li>• Give them something to hold in their hand to comfort and/or distract them</li> </ul> <p>It is essential that your client is calm and relaxed throughout the service. Usually with reassurance, once the service has commenced, the client will realise they have nothing to worry about! If the client cannot tolerate the process, you will need to stop the service.</p> |                                     |
| Damaged natural eyelashes | <p>If a client's lashes are extremely damaged, the best course of action is to tell them to have a break from lash services and recommend a lash conditioner treatment. The damage may not have been caused by lash lifts and tints, but damaged and fragile lashes have a higher risk of worsening with the use of lifting solutions.</p> <p>Once their natural lashes have repaired, they will then be ready for lash lift treatments. As a professional technician, you have a duty of care to ensure that your clients are informed about the risks and true state of their lashes. While you may not want to turn away business and your client might really want a full set of extensions, it is in the best interests of the</p>                                                                                                                                                                                                                                                                                                  |  <p>Damaged natural eyelashes</p> |

## Certificate in Lash Lift and Tint: Contraindications

| Contraindication    | Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Example                                                                               |
|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|                     | client and the reputation of your business to ensure you do not perform services on highly damaged lashes.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                       |
| Dry eyes syndrome * | <p>Dry eye disease, or dry eye syndrome, is a common condition that occurs when a person's tears aren't able to provide adequate lubrication for their eyes. If a client has been treated for dry eye syndrome, then you can perform the service, but it is advisable that you:</p> <ul style="list-style-type: none"> <li>• Go shorter on the lash length</li> <li>• Reduce the number of lashes</li> <li>• Consider using a handheld nebuliser to instantly cure adhesive, to reduce irritation</li> <li>• Provide additional care instructions for washing eyelids and using eye drops</li> </ul> <p>If a client presents with any symptoms such as redness, burning, stinging, overabundance of tears or any discharge, then you will need to refuse service. Continuing service with any of the mentioned symptoms will only make the problem worse.</p> |    |
| Twitching eyes *    | <p>Some clients may have involuntary eye twitches for a range of reasons. If they have had too much caffeine, are nervous or tired, their eyes may twitch. Twitching and moving eyes during lash application can be a serious issue, because if the eye is constantly moving, it increases the risk of glue getting into the eye and may result in incorrect lash placement.</p> <p>Many times you can help with eye twitching due to nerves by softly massaging the clients' temples and getting them to relax with calming music, and reducing the amount you chat. Alternatively, many lash artists swear by applying coins to the lids! If you would like to learn more, watch this video: <a href="https://www.youtube.com/watch?v=IBmsE9wvhZg">https://www.youtube.com/watch?v=IBmsE9wvhZg</a></p>                                                      |  |

## Certificate in Lash Lift and Tint: Contraindications

| Contraindication | Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Example                                                                             |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Trichotillomania | Trichotillomania, also called hair-pulling disorder, is a disorder where people have an irresistible urge to pull out hair from their body, including their scalp, eyebrows, eyelashes and other areas of their body. If you have a client who is actively pulling, it is likely that they will pull out after the service, which may cause irritations. Likewise, if the client has too few natural lashes left or they are sparse, you may not be able to complete the service as there may not be sufficient natural lashes to achieve their desired look. |  |